

Additional Health and Wellness Benefits

Beyond health plans, Rippling PEO offers additional benefits, like mental health and wellness, one-on-one healthcare support, an Employee Assistance Program (EAP), and more. A summary of additional health and wellness offerings follows below, with information on which employees are eligible.

Employee Assistance Program

Available to all Rippling PEO employees—even those who are not benefit eligible

- Legal / Financial Assistance & Resources
- [Next Jump HR](#) Personal Development apps
- [Perks at Work](#) exclusive discount market
- [Uprise Health](#) Counseling Services (3 free sessions annually)
- Virtual learning courses for children and adults
- Work / Life Assistance & Resources

rightway

RIGHTWAY

Available to all Rippling PEO worksite employees and their dependents enrolled in Rippling PEO health benefits

- One-on-one benefits advice, including finding in-network providers, creating personalized care plans, reviewing / disputing bills and claims when something looks off, and more

Guardian additional benefits

spring health

SPRING HEALTH - MENTAL HEALTH / WELLNESS

Available for free to all Rippling PEO worksite employees enrolled in any Guardian plan

- 5 free therapy sessions annually (virtual or in-person)
- Dedicated support to locate best-fit therapists
- Free wellness exercises through their app

XP HEALTH

XP HEALTH - VISION BENEFIT

Available for free to all Rippling PEO worksite employees enrolled in a Guardian vision plan

- Up to \$540 in annual benefit credits towards lenses (contacts or frames; prescription, blue light and sunglasses)

Kaiser Permanente additional benefits

KAISER PERMANENTE

TELEHEALTH THROUGH KAISER

Available for free to all Rippling PEO worksite employees enrolled in a Kaiser medical plan

- Onsite education classes and support groups
- Reduced rates for ClassPass
- Seasonal farmer's markets

ginger

GINGER - MENTAL HEALTH / WELLNESS

Available as a 90-day free trial to all Rippling PEO worksite employees enrolled in a Kaiser medical plan

- App-enabled self-care resources
- Wellness coaching
- Online chat with mental health professionals

Aetna additional benefits

TELADOC

TELADOC THROUGH AETNA

Service to phone or video chat with licensed doctors

attain

ATTAIN

Employees can receive an Apple Watch or integrate with their current device

Employees will have access to new ways to help them stay motivated, be more physically active, and earn rewards (i.e. AppleWatch or giftcards). And as a bonus, employees get to choose the challenges that best fit their lifestyle as they work toward their goals.

ChooseHealthy

CHOOSEHEALTHY

Discounts on gym memberships, active wear, access to natural therapy providers for acupuncture, chiropractic, massage therapy, and nutrition services at reduced rates.

“New hires often tell me that our benefits are comparable to what they previously had at Fortune 500 companies,” Trace says. “But for a much lower price.”

—Trace, Qualio